



CANTERBURY JUNIOR FOOTBALL CLUB NEWS

July Update

Hi to all our Cobra's family and community, who can believe we are at Round 11 of the Football Season? Our last home & away game is on the 7th August and Finals begin the week after culminating in the Grand Final on Sunday 28 August. To follow is all the "hot Cobra's news" and key dates for your diaries for the rest of the season.

Sippers Evening

Sunday 7 August, Gordon Barnard Pavilion

Team Photos

Sunday 7 August, Canterbury Sports Ground

Social Event of the Season

Saturday 30th July

"Viva Las Vegas" St Augustine's Hall Mont Albert North

Gaming tables, music & dancing, Elvis will enter the building and lots more – Buy your tickets NOW

Cobras Presentation Day

Sunday 28 August at Canterbury Football Ground

Skills Sessions

Keep an eye on our wonderful website www.canterburyjfc.com.au for updates

Fun Facts

Can you name the player currently playing for Vic Metro in the Under 18's & hoping to be drafted this year, who started his football career at the Cobra's?

Can you name last year's AFL draftee who started their career at the Cobra's and now calls the Saints their home?

Fun Fact Answers from May

Newsletter

Ed Curnow wears no. 35 on his back for Carlton!

Our amazing Under 13 Red Coach Geoff Maher had a cameo part in the cult Australian movie "Kenny".

Loving our Hoodies?

They are on sale \$45 for kids sizes, \$50 for adult sizes, order through www.canterburyjfc.com.au

Competition :-Coaches rants gems & clangers

If you have some classics send them to secretary@canterburyjfc.com.au all to be censored nothing rude.... The best few will appear in Newsletters to follow. A prize will be awarded at the end of the Season to both the boy & Coach with the best rant/gem/clanger.

YJFL News

Congratulations to Ed Phillips, Lachlan Jamieson & Charlie Clifford who were nominated for the Under 12 YJFL Representative Side. Unfortunately Ed couldn't play but Lachlan & Charlie had a great game and a win for the Rep Side.

Congratulations to Louis Cunningham, Sam Cameron and Sam Pryor who have been selected for the U13 Rep squad. Well done to all the boys!

North Melbourne Visit to Canterbury Junior Football Club

On a lovely crisp Wednesday evening at the beginning of June, Canterbury Cobra's was very lucky to host 5 AFL players to their home ground. A wonderful crowd of around 200 kids and their parents greeted some of North Melbourne's finest led by Drew Petrie, Levi Greenwood, Cruize Gartlet, Matt Campbell & Leigh Adams. It was a great night all the kids broke into groups for skills & drills and then afterwards the boys shared a sausage sizzle and an autograph with the North Melbourne boys. The North Melbourne boys were a credit to their Club as were our Cobra's boys. Many thanks to those parents who helped out with the drills and BBQ. See the website for photos of the night courtesy of the wonderful Geoff Maher.

Viva Las Vegas "Extravaganza"

Our big social and fundraising event for the year is drawing closer. This is going to be a huge night \$50 per head for a fantastic night of **gambling**, blackjack, poker, roulette. A **live band** pumping out great dance hits later in the night. The **Punters Club**, pick first goals, quadies, quinellas, live betting paid out on the night, and an appearance by "**the King**" himself. **Frock up "Vegas Style"** and have yourself a very special evening.

Be the "**Best Team**" of the Night by having the most attendees from your children's team and win some great prizes!!! At the moment the Under 14's have come out of their blocks firing... it's their last year so they are going to be hard to beat, but don't underestimate those new tackers who are having a

great year on & off the field. Watch the website for constant updates of the "Best Team Ladder"...

On a serious note, this is the only fundraiser we hold for the Season, to ensure we continue to offer your boys the best equipment and development we possibly can we rely on raising money every second year from these events. Support our wonderful Club by simply coming along and having a great time. Buy your tickets in the following ways:

- on-line by completing the Credit Card Form and emailing to secretary@canterburyjfc.com.au
- complete the form and send cheque/cash/credit card details to PO Box 1085 Surrey Hills North 3127 or drop into 50 Victoria Crescent Mont Albert
- at the Canterbury Sports Ground on:
 - Sun 17 July from 1.30 - 3.30 pm.
 - Fri 22 July from 5.00 - 6.00pm
 - Sun 24 July from 8.30 am – 2.30pm

Once our have purchased your tickets they will be emailed to your email address.

Don't miss out on all the glamour & the gossip this night will provide....see you all there! Any queries or if you wish to assist in decorating/sponsorship/auction items please email Louise on secretary@canterburyjfc.com.au or on 0400 355 651.

We would also like to take this opportunity to thank the following families for their sponsorship of gaming tables and "funny money" for the night.

- Adgemis Family & Dawborn Family FUNNY \$\$\$ Sponsors
- Mitchell Family
- Marshall Family
- Bettiol Family'
- Karn Family
- Connolly Family

Punters Club - Rules of Engagement

For a small \$20 investment become part of a syndicate that wins big at the Cobra's "Viva Las Vegas" Extravaganza! The Cobra's have a half share in the Punters Club so your investment not only puts you in the winner's seat but

directly benefits our Club as well. All winnings are returned to shareholders on the night so have your \$20 ready on the night and reap the rewards.

Our panel of experts will place carefully researched bets on the following live events on the night. Trots from Ballarat, Albion Park (Qld), Bankstown (NSW), Globe Derby (SA) Greyhounds from The Meadows and of course the AFL, Gold Coast Vs St Kilda & Fremantle Vs Hawthorn. With this kind of pedigree how can you not win big! We hope to stream these events live on the night for your entertainment and excitement!

Spotlight on our Sponsors

This month we shine our spotlight on another couple of our wonderful Sponsors – Sexton Chiropractic has been involved in the local community and a friend of the Cobras' for many years, with both of their boys having played or currently playing for the Club and Melbourne Fashion Institute established by our ex treasurer and current webmeister Glenn Ryan whose son Jack played with the club for 5 years and now plays with the Boroondara Hawks.



Sexton Chiropractic is pleased to be a sponsor of the Canterbury Cobras. Our practice is located in Surrey Hills at 621 Whitehorse Rd near the corner of Union Rd and provides a wide range of health care services. In addition to chiropractic care we have myotherapy, massage, podiatry, acupuncture and traditional Chinese medicine, naturopathy and psychology services. Special introductory rates are available for Cobras families, so be sure to mention this when making a booking.

Our purpose at Sexton Chiropractic is to assist people of all ages to achieve better health naturally. We have a particular interest in promoting spinal health in children. It is most important during the growing years to establish healthy posture and movement in your spine. During the football season we are offering a free spinal health assessment for players and their families. If you would like to take up this offer call the practice on 9898 1282.

More information about our practice can be found on our website at www.sextonchiropractic.com.au

Melbourne Fashion Institute is dedicated to offering fashion education that is industry specific. Our courses in fashion business, fashion design, graphic design and production have been developed with fashion industry practitioners and are delivered by fashion industry mentors.



Courses are a mix of traditional trade practices with current methods and skills sets that are ever changing with technology. Through our links with the industry, courses include guest speakers and field trips to retailers, factories, design houses, wholesalers and more. Melbourne Fashion Institute encourages students to express their creativity and individual styles and at the same time open their eyes to the 'real world' of fashion by arming them with the right tools to succeed.

Visit our web site www.melbournefashioninstitute.com.au or like us at <http://www.facebook.com/melbournefashioninstitute>

Sponsorship

If anyone has a business or knows of someone with a business who may be interested in becoming a Canterbury Cobra's sponsor please contact Russell Phillips our President at president@canterburyjfc.com.au for a Proposal.

Milestone Games in Jun

50 games	Team
Matthew Rowell	Under 10 Black
Richard Wotherspoon	Under 11 Red
Jackson Birch	Under 11 Red
Finlay Norman	Under 11 Red
Patrick McCormick	Under 11 Black
Mitchell Gillam	Under 11 Black
Tom McCarthy	Under 12 Red
Pat Allsop	Under 12 Red
William Kruyt	Under 12 Red
Harrison Kruyt	Under 12 Red
James Ryan	Under 13 Red
100 games	Team
Will Phillips	Under 14
Sam Dawborn	Under 14
James Guley	Under 14

Banner Making – Tips and Hints

One of our Committee Members recently embarked on her very first Banner Making Project..... she received some great tips from friends along the way that we would like to share with you!

- Wide Crepe paper, of course in the Club colours Red/Yellow & Black and wood dowel.
- Biggest tip: don't make it too tight (with loads of tape) or too heavy.
- Adhere the letters using one square of clear contact per letter. A lot less fiddly to adhere but perhaps not as elegant as double sided tape.
- Size: height by the poles; width: enough to fit half the team thru at once! Make sure it is adhered well to the poles but again not too tight as it can tear or take the parents holding the poles on a run across the field or find themselves on the ground... see last month's Newsletter!!!
- Use lots of short bits of tape not long solid pieces otherwise they can't break it as they run through - spoils the effect somewhat and often leaves players lying "hurt & wounded on the ground!
- For words: Make large words on screen (1 per page), choose outline option on fonts, print and cut out - really easy.
- Even easier for words, as above but use A4 size labels so that once you have printed and cut out, you just peel of the backing and they stick straight on the crepe!
- Make sure husband /wife does not step in front of you, child and banner in order to take photo at crucial moment, ensuring you have nothing for their 18th & 21st photo boards.... See photo below for "what not to do".... Think their son's sock is just visible at the bottom of the photo



- Put tape across the top of your crepe paper to prevent it splitting prior to the run through!!! Don't put tape across the bottom or you will trip all your players...this makes the Coaches very unhappy.

- If you want to be a real rebel, don't use tape at all PVC Glue that dries clear is brilliant to stick all the crepe together and the boys run through very easily! Tape to adhere the crepe to the poles is IMPORTANT though...
- Make sure your son runs through the banner first and that some other kid doesn't make it his "special day" ! Tears before the game is never a good look on either the parent or the child!
- Ensure you drink copious amounts of champagne whilst constructing said banner, but always check the spelling the next day.....predictive text on your phone has nothing on what a whole bottle of champagne can do!!
- Don't get carried away with excitement and make the banner so BIG that you can't hold it up far less have anyone run through it!
- Don't forget if it's a windy day.... It's all over Red Rover....
- Even though you may want to "glam up" the banner... generally boys don't want glitter, hearts, stars or anything vaguely "girly" on their banners....
- Ensure someone on your team has a wonderful husband with a ute, cover sheets to roll and wrap your masterpiece in and is kind enough to take pity on you and get the enormous banner that won't fit in your car to the actual GAME! Thanks Steve.....
- Last but definitely not least remember "it's only a banner" and as long as you can manage to get it up without tearing it on the day, that it looks vaguely like the ones on the telly, the boys will smile, give the thumbs up and rip through it within 5 seconds!!!!!!

Inaugural Cobra's Ladies Night Out

Whilst there may not have been huge numbers on this cold Friday night, the Cobra's ladies made up for their lack of numbers with their attack on the Cocktails and the Dance Floor! Some lasted longer than others, some had to be escorted off the premises but there was still a few left standing when the lights came on early Saturday morning! Many thanks to all that attended a great night out and for surviving the "sore heads" the next day. Just for the record it was noted that all the ladies did "back up" for Sunday Sippers that weekend,

Legends one and all! Looking forward to next year already!

Feature Teams in June - Tackers

Our feature teams for the month of June are the gorgeous Tackers Teams. This year we have two second year teams (Black & Red) and a team of first year players (Yellow). Their Coaching Team have kindly put together a few words about how their teams are travelling this year and some of the important areas in which they are developing and having fun in!

Tackers Black

It has been a fantastic season so far with the boys conquering all challenges thrown at them. We are playing some great team footy with a focus on defensive set-ups, pressure on the opposition and fast ball movement into an open forward line. We are lucky we have a great mix of talent and a bunch of goers who stick to the gameplan. We try to shut down the opposition's space and make them earn every kick. Our training focuses on skills and we spend a lot of time working on our set-ups and decision-making under pressure. In the games, we are really good at handballing out of contested situations, kicking to the right option, and we are starting to see some shepherds, spoils, smothers and knock-ons. But we need to keep improving our skills, our concentration and our ability to get to the contest first – and we need to learn the words to the club song! The boys are enjoying each other's company and are very supportive of each other. We have introduced some new players during the year and they have fitted in well. We have a couple of Grade 1 lads who are real goers and can be relied on in the clinches. *Justin Napier*

Tackers Yellow

The Cobra's Tackers Yellow Team comprises players in their first year of competitive football. The exuberance and support of all involved (Parents and Players) has been fantastic and the team has made some great progress in many areas since the season begun. The Coaches (Peter Scott and Assistant Coach Terry Thomson) have been progressively working with the boys in 4 key areas:

1. Having Fun – opportunities to learn, positive feedback
2. Being part of a Team
3. Game Involvement – voices, game awareness, decision making and positions

4. Improvement and Learning – Skills
As a first year team of players it has been exciting to see the team exceed expectations in terms of its competitiveness particularly as a number of the teams we have come up against are in their second year.

Some key highlights have been:-

- Seeing every player do something they have never done before in a "real game" – take a mark, kick a goal, tackle an opponent
- Seeing the boys play their first real game in thick black mud
- A couple of stirring renditions of the Cobra's theme song – we have finally got the tune right thanks to our team manager Peter Robinson downloading the tune from "YouTube".
- Aurelio Catalano (our Trainers) pre-game "PUMP UPS" to get the boys warmed up

Our aims for the year are to continue to develop as a team and have lots and lots more FUN. *Peter Scott*

Tackers Red

Tackers Red this year are showing great determination & will to win, with different players each week getting awards, showing team work and great sportsmanlike behaviour. In all types of weather and ground conditions we have played players in positions that are more suited, and have seen improvement from everybody. Each week gets harder & harder for us to pick out the awards & votes as all of the reds are playing so well! So enjoy your holidays & we will see you in a fortnights time for our remaining games. *Wayne Marshall*

Thank you very much to all three Coaches for these reports, we are extremely lucky to have such dedicated Coaches at our Club who also keep in mind that the boys are out there to have lots of fun, learn how to be "great sports" in both winning and losing teams and generally enjoy their Sunday footy game!

Lastly thank you all for taking the time to read this Newsletter, we look forward to a great last few rounds of the Season and hopefully several teams will make it into some "Finals Action". We look forward to seeing as many of you as possible at our "Viva Las Vegas" Night in the true Cobra's tradition let's make it HUGE!!!!!!

Canterbury Junior Football Club Committee